

**FREE TRIAL**

COME JOIN THE TEAM

[www.t3ma.com](http://www.t3ma.com)

Call or Email to schedule  
a free trial



# Get Started TODAY

T3MA of provides world class instruction for all ages and skill levels. We have multiple schools on the Eastside to meet your needs. Month to month programs with no contracts available. Come out for a free trial or sign up now.

## OUR SERVICES

- ✓ *Brazilian Jiu-Jitsu*
- ✓ *Youth Martial Arts*
- ✓ *Antibully*



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